

# Reception Spring Term Curriculum 2026

## Personal, Social and Emotional Development (PSED)

We follow the Cambridgeshire Personal Social Health Education (PSHE) scheme of work. The children will:

- Learn why their bodies need sleep, food and exercise to be healthy
- Suggest food and drink that could be added to a lunch box to make a healthy meal
- Talk about how their body has changed as it has grown
- Talk about differences and similarities between our bodies
- Learn how they can look after their body and keep it clean
- Talk about who the members of their family are and other trusted people who look after them
- Explore how they feel about growing up, how they can be a good friend and how to recognise and show their emotions



## Communication and Language



### Listening, attention and understanding

- We will listen to each other and take turns to speak
- We will have opportunities to participate in small group discussions, asking and answering questions

### Speaking

- We will speak in full sentences, using the correct tense, with adults modelling to support the children in this
- Children will join in with familiar parts of stories and retell familiar stories in their own words
- They will use newly taught vocabulary in their play
- Children will be invited to share and talk about their own experiences, family celebrations, hobbies and interests

Look out for your invitation to send in an item for our 'Talk Tub'.

## Literacy

### Phonics

We will continue to follow the Little Wandle scheme. Children will be taught the following phonemes and tricky words:

- ai ee igh oa oo oo ar or ur ow oi ear air er dd mm tt bb rr gg pp ff
- was you they my by all are sure pure

Children will also learn how to read and write words with two or more digraphs, words ending in -ing and longer words. We will begin to orally compose and write simple sentences with support.

We will continue to share a wide range of books including: Little Red Riding Hood, Jack and the Beanstalk, The Tiny Seed, Jasper's Beanstalk and The Enormous Turnip.



## Mathematics

- We will continue to build on our subitising (instantly recognising how many objects there are without counting by identifying quantities up to 5 and identifying that numbers are made up of other numbers, e.g. 5 is a part, 3 is a part, the whole is 8)
- We will also explore 2D shapes: naming squares, oblongs, circles and triangles and describing their properties, e.g. how many sides and corners they have
- We will explore measurement, finding the longer or shorter of different objects, ordering objects by size and measuring them using non-standard units, e.g. cubes



## Understanding the World

- We will talk about the lives of the people around us and their roles in society, thinking about our big question: **Who helps us?** We hope to have visits from a Police officer, a Paramedic, a Midwife a dentist and a very special visit to Sutton Fire Station!
- Our Weekly outdoor learning sessions will continue; exploring the world around us and noticing seasonal changes
- During our 'growing' topic we will plant seeds and observe the changes that occur
- We will learn how and why Easter is celebrated and look at the meaning behind the symbols associated with Easter, such as Easter eggs and the cross



## Expressive Arts and Design

- Children will safely use and explore a variety of materials, tools and techniques, experimenting with colour, design, texture, form and function
- They will learn that primary colours can be mixed to make secondary colours and will create paintings of flowers using their newly acquired colour mixing knowledge
- They will share their creations, explaining the process they have used
- Make use of props and materials when role playing characters in narratives and stories



## Physical Development

Children will participate in daily activities to develop their fine motor skills; including cutting, threading, manipulating dough and digging! They will have PE sessions twice a week to develop their gross motor skills. This term one session will be gymnastics and the other will develop throwing and catching skills.