



Week 1



Information about allergens available in the kitchen

Weeks commencing 1st Sept, 22nd Sept, 1st Oct

Monday	Tuesday	Wednesday	Thursday	Friday
Cheesy Pizza &couscous	Chicken korma with yellow rice	Roast gammon with roast potatoes and gravy	Popcorn chicken, baby jacket potatoes and ketchup	Oven baked battered fish & chips
Vegetable burger and couscous	Fish finger roll & potato wedges	Tomato pasta bake	Vegetable chow main	Quorn sausages roll &chips
Cheese wrap	Pesto pasta bowl	Tomato soup and Fresh baked baguette	Ham sandwich	Cheese roll
Jacket potato & side salad or choice of vegetables	Jacket potato & side salad or choice of vegetables	Jacket potato & side salad or choice of vegetables	Jacket potato & side salad or choice of vegetables	Jacket potato & side salad or choice of vegetables
Sweetcorn Peas	Mixed vegetable Baked beans	Broccoli Carrots	Coleslaw sweetcorn	Baked beans Peas
Lemon and strawberry cake	Mousse	Chocolate cake and custard	Vanilla cookie	Ice cream or ice lollies

Fresh fruit, yogurts or cheese and biscuits available everyday

Week 2

Information about allergens available in the kitchen
Weeks commencing 8th Sept, 29th Sept, 20th Oct

Monday	Tuesday	Wednesday	Thursday	Friday
Cheesy pizza served with couscous	Caribbean jerk chicken with rice and peas	Toad in the hole with mashed potato and gravy	Beef burger, baby jacket potatoes and ketchup	Fish fingers, chips & ketchup
Vegetable hot dog with chips and ketchup	Mac & cheese	Five bean chilli with rice	Potato and leek pie with gravy	Summer vegetable pasta
Falafel and yogurt sauce wrap	Ham sandwich	Tomato soup and fresh baked baguette	Tuna sandwich	Toasted bagel topped with scramble egg and smoked salmon
Jacket potato & side salad or choice of vegetables	Jacket potato & side salad or choice of vegetables	Jacket potato & side salad or choice of vegetables	Jacket potato & side salad or choice of vegetables	Jacket potato & side salad or choice of vegetables
Sweetcorn Peas	Vegetable medley Peas	Cauliflower Carrots	Homemade rainbow coleslaw Sweetcorn	Peas Baked beans
Flapjack	Jelly with fruits	Blueberry swirl cake and custard	Sultana and oat cookies Mrs Matthews favourite cookies	Ice cream or ice lollies

Fresh fruit, yogurts or cheese and biscuits available everyday

Week 3

Information about allergens available in the kitchen
Weeks commencing 15th Sept, 6th Oct

Monday	Tuesday	Wednesday	Thursday	Friday
Margarita pizza & couscous	Beef Bolognese	Roast chicken(thigh), roast potatoes and gravy	Butchers hot dogs with mini jacket potatoes & ketchup	Fish fingers, chips & ketchup
Caribbean pasta	Quorn dippers and chips	Chickpea and sweet potato curry with rice	Feta and summer vegetable pie served with salad	Cheesy pinwheel with chips
Tuna and cucumber wrap	Cheese sandwich	Tomato soup and fresh baked baguette	Tuna and mayonnaise pasta bowl	Ham sandwich
Jacket potato & side salad or choice of vegetables	Jacket potato & side salad or choice of vegetables	Jacket potato & side salad or choice of vegetables	Jacket potato & side salad or choice of vegetables	Jacket potato & side salad or choice of vegetables
Sweetcorn Peas	Mixed vegetables Sweetcorn	Baby carrots Green beans	Homemade coleslaw Peas	Peas Baked beans
Banana cake	Jelly	Jam sponge with custard	Chocolate cookie	Ice cream tubs Or ice lollies

Fresh fruit, yogurts or cheese and biscuits available everyday